



## **PROGRAMME ACTIVITY REPORT**

### **WEBINAR ON HEALTH AND ECONOMIC BENEFITS OF VIRGIN COCONUT OIL (VCO) DURING COVID-19 AND BEYOND**

**08 December 2020**

**Zoom Meeting Platform**

#### **Executive Summary**

1. A webinar on health and economic benefits of Virgin Coconut Oil During the COVID-19 time and beyond took place on Tuesday, 9<sup>th</sup> of December, 2020 was conducted by Non-Aligned Movement Centre for South-South Technical Cooperation and the International Coconut Community with resource persons from the Indonesian Nutrition Association Expert Team, International Coconut Community Scientific Advisor on Health and Vico Bagoes.
2. The assessment conducted in conjunction with the participant showed that the average score for each webinar assessment indicator was 89.41.
3. The webinar has been of benefit in raising awareness of the risks of COVID-19 pandemic and is also hoped to promote the everyday use of coconut oil and coconut milk with new study on health aspect.

#### **INTRODUCTION**

A webinar on health and economic benefits of Virgin Coconut Oil (VCO) During the COVID-19 time and beyond was conducted by Non-Aligned Movement Centre for South-South Technical Cooperation (NAM CSSTC) and the International Coconut Community (ICC) with resource persons: Member of the Indonesian Nutrition Association Expert Team,

Chairman of the ICC Scientific Advisor on Health and Marketing Manager of Vico Bagoes.

## **TIME**

The webinar took place at 02.00pm on Tuesday, 8<sup>th</sup> of December, 2020.

## **WEBINAR AGENDA**

Appendix 1 demonstrates the webinar agenda.

## **DISCUSSIONS**

The following discussion took place in the webinar:

### Outlook on Wellbeing Aspect

1. The knowledge about fat is always confusing. The fat, particularly coconut-related fat, is not well understood. During adolescent, most people were taught that fat and coconut oil are bad for health. It happens up to university. Millennials are also scared of coconut oil and coconut milk. Some physicians also ask patients not to use coconut milk. It provides coconut industrial actors with great challenges.
2. Together with the Ministry of Education, all parties will study to improve a certain book and study content in school. With new study, all parties need to offer a new impression of coconut oil. It is important for current and the next generation. It is also hoped that through the webinar the everyday use of coconut oil and coconut milk will be promoted.
3. VCO as functional foods are essential components of human diet.
4. Micro-nutrient of the VCO in MCT will only be known if it is analysed for chemical use. Nutrient level in any coconut product is still in progress of research.
5. COVID-19 is not just a respiratory disease, and coconut oil can act as an anti-viral, anti-inflammatory or immune system builder.
6. If the viral load is not too high, VCO can become an effective treatment for humans suffered from COVID-19.

7. The MCT oil is good for energy, but it is not the kind of COVID-19 oil treatment.

### Economic and Industrial Outlook

1. The best VCO marketer is consistency of quality.
2. MCT is another VCO derivative, but it may also come from other crude, such as Palm Kernel Oil (PKO).
3. Compared to the PKO, VCO can be more costly. However, MCT tastes better with VCO. In the manufacturer's side, where people want to make the commodity cheaper, the liquid and powder MCT comes from PKO. It could also be that ICC creates regulatory steps for building solution on MCT. Since some items can be claimed as MCT, whereas one is from PKO and one from coconut.
4. Literature on the efficiency of MCT needs to be revisited. Some research on MCT from PKO and MCT from VCO comparison are likely to have been performed. However, all parties can now inspire colleges from Ministry of Agriculture and Ministry of Health to research on the subject.
5. ICC will have a coconut standards workshop in 2021. Feedback to standardise VCO-based MCT will be taken into account.

### **EVALUATION**

The evaluation performed with the participant demonstrated:

- The total output of Webinar: 92.92%;
- Webinar capability to meet learning targets: 86.67%;
- Novelty of the subject and expertise: 91.67%;
- The usefulness of skill experience acquired from the webinar: 84.17%;
- Speaker knowledge: 90.83%;
- Moderator's performance: 88.75%;
- The speaker's style and presentation technique: 87.92%;

- Quality of speakers in the clarification of definition and terminology: 90.00%;
- Effectiveness of the response to questions by speakers: 87.92%;
- Webinar platform performance: 89.17%;
- The clarity of the invitation of the webinar: 92.50%;
- Clarity of rules of the webinar: 90.42%;
- Total 37 out of 48 respondents announced that they would attend more webinars with the speaker;
- Total 43 of 48 respondents indicated that when they chose to participate the presentation theme/title was of the greatest importance;
- Based on all 44 of the 48 respondents, the topic has been sufficiently covered in time;
- A total of 43 of the 48 respondents indicated that the webinar content is as defined in the invitation material.

#### How Learning Goals Have Been Achieved

Participants said the webinar has been of benefit in raising awareness of the risks of COVID-19 pandemic. The subject chosen for the Webinar was also quite suitable for the pandemic. The presentation given by Dr. Fabian Dayrit was excellent, another participant said.

#### **CONCLUSION**

The assessment conducted in conjunction with the participant showed that the average score for each webinar assessment indicator was 89.41.

The webinar has been of benefit in raising awareness of the risks of COVID-19 pandemic. It is also hoped that through the webinar the everyday use of coconut oil and coconut milk will be promoted. With new study on health aspect of coconut oil, all parties shall offer a new impression of coconut oil.

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## AGENDA



**International Coconut Community  
&  
Non-Aligned Movement Centre  
for South-South Technical Cooperation**



### **Health and Economic Benefits of VCO During COVID-19 and Beyond**

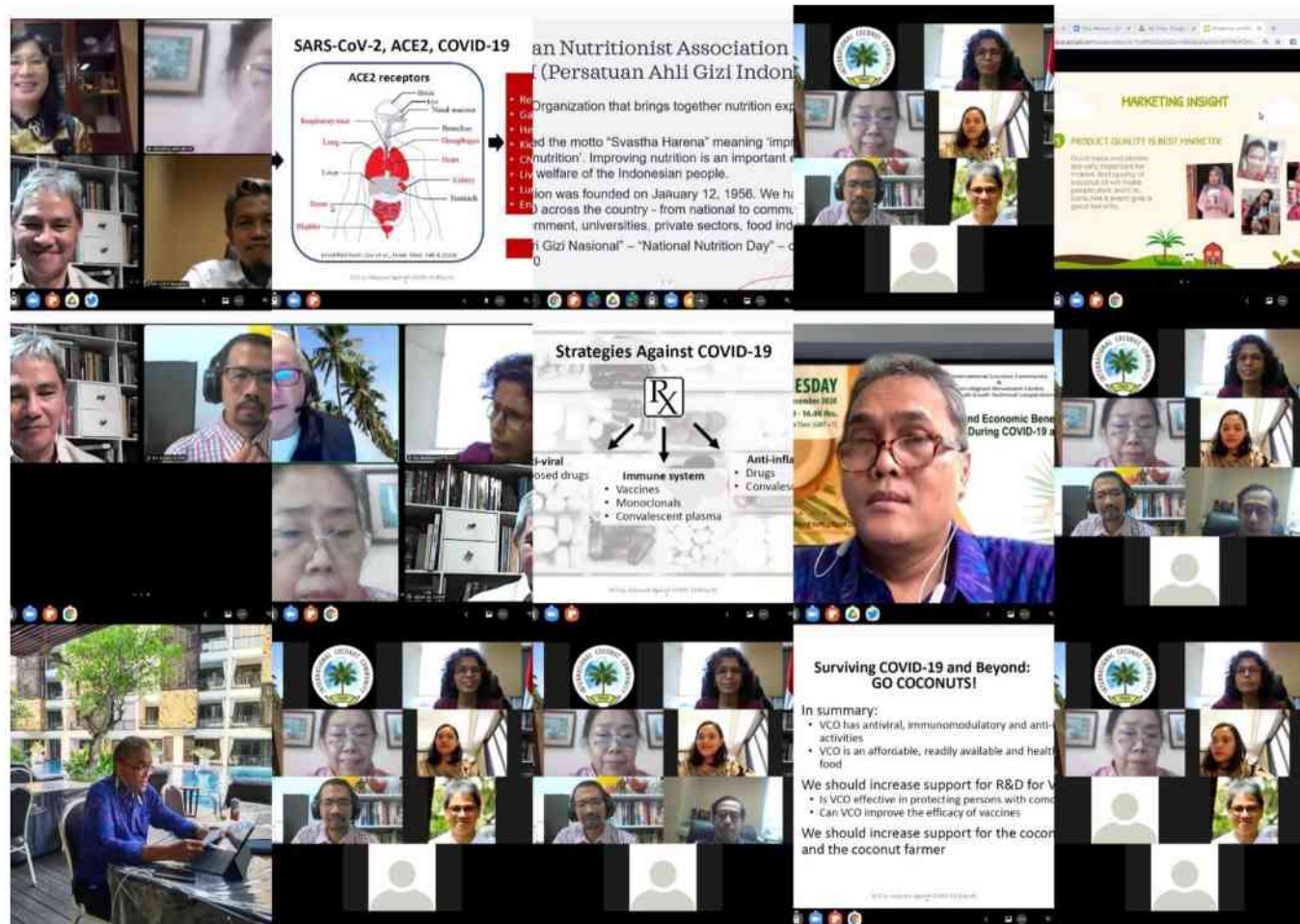
#### **TIME SCHEDULE**

Tuesday, December 8<sup>th</sup> 2020 | 14.00 Hrs. - 16.00 Hrs. Jakarta Time (GMT+7)

<b>EVENT</b>	<b>PERSON</b>	<b>TIME</b>
<b>Introduction of Program</b>	<b>MR. VINCENT JOHNSON</b> Interim COGENT Coordinator, ICC	3 Minutes
<b>Invitation for the Welcome Speech</b>	<b>MR. VINCENT JOHNSON</b> Interim COGENT Coordinator, ICC	1 Minutes
<b>Welcome Speech</b>	<b>DR. JELFINA C. ALOUW</b> Executive Director, ICC	5 Minutes
<b>Presentation:</b> <i>"Health Benefits of VCO Against COVID-19"</i>	<b>DR. ATMARITA, MPH, DR.PH</b> Member of Expert Team Indonesian Nutrition Association	20 Minutes
<b>Presentation:</b> <i>"Clinical Trial on the Impact of VCO as Adjuvant Against COVID-19"</i>	<b>DR. FABIAN M. DAYRIT</b> Chairman ICC Scientific Advisory Committee on Health	20 Minutes
<b>Presentation:</b> <i>"Manufacturing &amp; Marketing with Economic Benefits of VCO"</i>	<b>MR. ANNAS AHMAD</b> Marketing Manager Vico Bagoes	20 Minutes
<b>Discussion</b>	Moderator & Participants	45 Minutes
<b>Invitation for the Closing Remarks</b>	<b>MR. VINCENT JOHNSON</b> Interim COGENT Coordinator, ICC	1 Minutes
<b>Closing Remarks</b>	<b>AMBASSADOR DIAR NURBINTORO</b> Acting Director, NAM CSSTC	5 Minutes



## PHOTO DOCUMENTATION

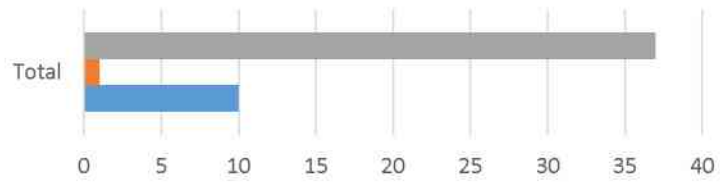


## SURVEY STATS

Notes: For each indicator, the maximum score is 240.

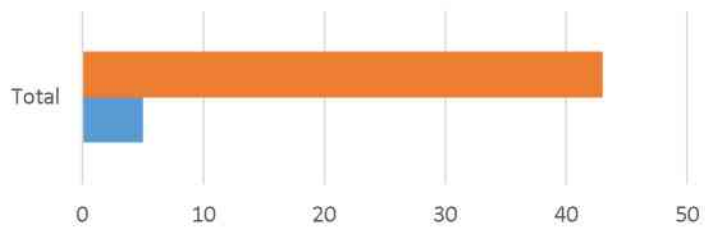
No.	Indicator	Score
1.	Webinar's overall quality	223
2.	The degree the mentioned learning goals have been achieved	208
3.	How up-to-date the concepts and knowledge discussed	220
4.	The expertise or skills that the webinar has provided me (participants) to be applied for job	202
5.	Knowledge of subject matter by the speakers	218
6.	The effectiveness of the moderator promoting participant engagement	213
7.	Technique and style of presentation by the speakers (oral presentation and / or presentation aid usage)	211
8.	The effectiveness of the speakers in explaining concepts and technical terminologies	216
9.	The effectiveness of the speakers in answering questions	211
10.	Zoom Meeting's quality for live sessions (share screen view, chat, Q&A)	214
11.	The clarity of the e-mail message informing the webinar	222
12.	The clarity of the webinar rules	217

### Would you participate for more webinars with the speakers?



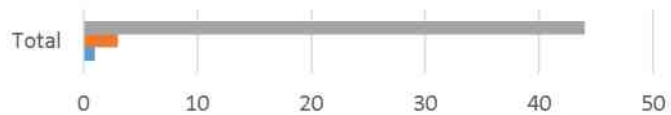
	Total
■ Yes, they are very good speakers	37
■ Undecided	1
■ Perhaps, if the subject is attractive	10

### When you decided to participate, what was most important for you?



	Total
■ The presentation theme / title	43
■ Name / reputation of speakers	5

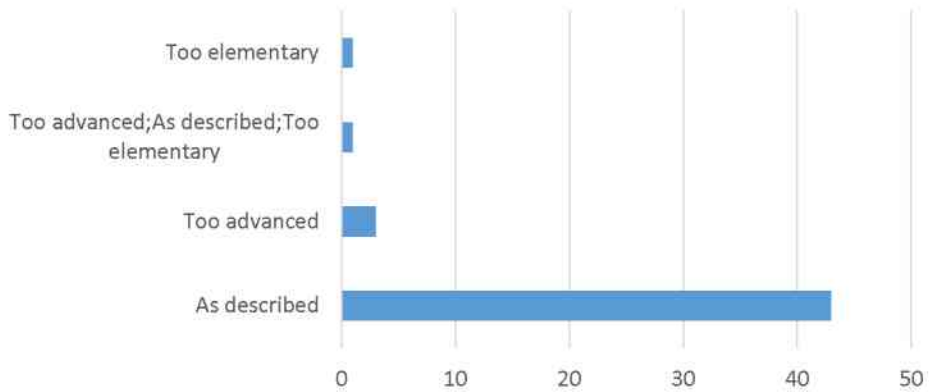
### Was the issue adequately covered in time?



	Total
■ Yes, the coverage and information level for the time allocated were well balanced.	44
■ No, for the time allocated there have been too many details.	3
■ No, for the time allocated the issue was too broad.	1



The material of the webinar for me was:



	As described	Too advanced	Too advanced; As described; Too elementary	Too elementary
■ Total	43	3	1	1

**“STAY HEALTHY AND PRODUCTIVE DURING COVID-19 PANDEMIC” ONLINE  
TRAINING SERIES AND WEBINAR PROJECT 2020**

**LIST OF PARTICIPANTS’ COUNTRY OF ORIGIN**

IN THE IMPLEMENTATION OF THE “HEALTH AND ECONOMIC BENEFITS OF VCO DURING COVID-19 AND BEYOND” WEBINAR, EXTENSION OFFICERS, RESEARCHERS, COCONUT PRODUCERS AND PROFESSIONALS FROM THE FOLLOWING COUNTRIES REGISTERED:

**MEMBER COUNTRIES OF THE NON-ALIGNED MOVEMENT (NAM) AND / OR MEMBER COUNTRIES OF THE INTERNATIONAL COCONUT COMMUNITY (ICC)**

<b>NO.</b>	<b>COUNTRY (IN ALPHABETICAL ORDER)</b>	<b>NUMBER OF PERSON(S)</b>
1.	FIJI	2
2.	INDIA	12
3.	INDONESIA	20
4.	MICRONESIA (FEDERATED STATES OF)	1
5.	PAPUA NEW GUINEA	1
6.	PHILIPPINES	25
7.	SAMOA	1
8.	SOLOMON ISLANDS	2
9.	SRI LANKA	6
10.	TANZANIA, UNITED REPUBLIC OF	1
11.	THAILAND	2
12.	TIMOR-LESTE	1
13.	TONGA	1

**NON-MEMBER COUNTRIES**

<b>NO.</b>	<b>COUNTRY (IN ALPHABETICAL ORDER)</b>	<b>NUMBER OF PERSON(S)</b>
1.	CANADA	1
2.	UNITED STATES OF AMERICA	1

**“STAY HEALTHY AND PRODUCTIVE DURING COVID-19 PANDEMIC” ONLINE  
TRAINING SERIES AND WEBINAR PROJECT 2020**

**PARTICIPANTS’ BACKGROUND ESTIMATED PROPORTIONAL PERCENTAGE**

<b>NO.</b>	<b>BACKGROUND</b>	<b>PROPORTIONAL PERCENTAGE</b>
<b>1.</b>	<b>GOVERNMENTAL</b>	<b>56.25%</b>
<b>2.</b>	<b>HIGHER EDUCATION INSTITUTION</b>	<b>18.75%</b>
<b>3.</b>	<b>NON-PROFIT ORGANISATION / MASS ORGANISATION / CIVIL SOCIETY</b>	<b>6.25%</b>
<b>4.</b>	<b>PRIVATE SECTOR, INCLUDING INDIVIDUAL</b>	<b>18.75%</b>